



# Italy Knitting Holidays

## OVERVIEW

Our tour starts in Rome, one of the most enduring cities in western civilization, Rome's vast range of historic sites creates an unrivalled sense of continuity between ancient and modern society.

Then travel to the Umbria region, home to many of Italy's most charming medieval towns and elegant regional centers.

These regions are also celebrated for the beauty of their landscapes. Enjoy a week spent exploring the Umbria region of Italy: remote hill towns, rugged hills, agricultural valleys. Accented by visits to artisans and markets. Then relaxing at the pool and enjoying marvelous meals from local ingredients.

## TOUR LEADER



**Beth Brown-Reinsel** has been teaching historic and traditional knitting workshops, nationally and internationally, for over 30 years. Her focus has been to bridge the gap from 19th century knitting, fashion, and culture to present-day practices, making a connection to women, their daily lives, and their handwork. She has traveled to over 20 countries to research textiles, visiting museums to examine artifacts, gaining inspiration for the development of new knitting patterns and workshops. Her books, DVDs, and workshops explore historic knitting from many cultures, including the UK, Scandinavia, and the Baltic. Beth so enjoys working with knitters that she holds two retreats each year in Vermont beyond her busy teaching schedule. Her work can be seen on her website ([www.KnittingTraditions.com](http://www.KnittingTraditions.com)) and on her Patreon project ([www.Patreon.com/BethBrownReinsel](http://www.Patreon.com/BethBrownReinsel)).

## TOUR DATES

**March 19 – 29, 2023**

## TOUR PRICE

**\$3,995** per person, twin share

**\$560** single supplement

**\$75** per person (Knitting Class fee)

## TOUR DEPOSIT

A **\$600** non-refundable deposit is required per person to confirm your booking on tour.

## GROUP SIZE

Maximum number of **22** in this group

## ITINERARY

Rome (2 nights), Spoleto (6 nights), Florence (2 nights)

## INCLUSIONS

10 nights' accommodation on a twin-share basis in 4-star hotels, all breakfasts, most lunches and dinners, travel by private, comfortable air-con vehicle, services of well-qualified English-speaking local guides, entrance fees to museums, galleries, and attractions as mentioned in the itinerary.



## TOUR HIGHLIGHTS

### Rome

Get the ultimate Colosseum experience of ancient Rome's most famous landmark, the Colosseum, Palatine Hill and the Roman Forum, uncover the essential sites of the Eternal City.

### Umbria

#### Medieval Hill Towns

Umbria is littered with rocky outcrops standing above fertile plains. Explore their winding laneways, market squares and Romanesque and Gothic churches at a relaxed pace.

Discover the hidden histories of Umbria from unexpected Roman and Etruscan sites to masterpieces in small churches.

### Florence

Located in the Tuscany region of Italy, Florence is a captivating Italy destination that Mark Twain once described as a "city of dreams." With its abundance of timeless art, rustic Tuscan cuisine, incredible boutique shopping, and mesmerizing views at every turn, the city of Florence is nothing short of spectacular. Known worldwide as the birthplace of the Renaissance, Florence embodies the spirit of Italy's past and has managed to preserve it for nearly 700 years.

## DETAILED ITINERARY

### Start & Finish

The tour starts at 3:00pm on Sunday, March 19, at Hotel Quirinale, Rome. The tour ends after breakfast on Wednesday, March 29, at Brunelleschi Florence.

On the day of arrival, we will organize pick up times based on the majority of group's arrival times at Rome-Fiumicino International airport. Similarly for departure, departure time will be set based on the majority of the group. Again, we will do our very best to accommodate everyone.

Included meals are indicated with B, L, D.

### Day 1 Sunday March 19 Arrive Rome

Check in at the hotel. Meeting the tour members at 6:30 pm in the lobby. Welcome dinner in local restaurant. (D)

### Day 2 Monday March 20 Rome

Discover the masterpieces of Rome in one day on this tour of the Vatican Museums, Sistine Chapel, St. Peter's Basilica & the Colosseum area. Vatican Museums are home to some of the most famous works of art in the world, with artists including Leonardo Da Vinci, Michelangelo, Caravaggio, Raphael, and Giotto, to name a few. An experience that is sure to inspire the art lover in anyone. The 54th gallery of the Vatican Museums is the famed Sistine Chapel. Completed around 1483, the Sistine Chapel is arguably the most famous chapel in the world due to the artwork located within, as the famous ceiling and the Last Judgement painted by Michelangelo. Free time for lunch, then in the afternoon tour of Ancient Rome including the Colosseum amphitheater which hosted ancient Romans, Senators, Emperors, and Gladiators as well as animals from all over the world. Finally, you'll have the opportunity to visit the Palatine Hill, the place of the foundation of Rome and the Roman Forum from the inside. (B)

### Day 3 Tuesday March 21 Rome-Spoleto

After breakfast depart for Spoleto by coach. On arrival in Spoleto, take time to freshen up before taking a short walking tour of the city followed by dinner at the hotel. Overnight Spoleto. (B L D)

### Day 4 Wednesday March 22 Village of Todi & Montefalco

After breakfast depart for a full day excursion and experience some of Umbria's most beautiful towns and villages. First, explore Todi – a hilltop village with views over the River Tiber. As you wander around its cobbled streets, you'll get to see some of its most famous sights including Cisterne





Spoleto, Italy



Tuscany, Italy



Florence, Italy

Romane, the Church of San Fortunato and the Tomb of Jacopone da Todi. Then travel to Montefalco, known as the balcony of Umbria. Here you can enjoy panoramic views of the entire valley, have the opportunity to explore the town's landmarks, such as the Piazza del Comune, the Church of Santa Chiara, and more. To conclude our tour, visit a local winery to sip on the famous 'Rosso Montefalco' and 'Sagrantino' wines. Time permitting, we may also make a quick visit to Bevagna a medieval town with imposing walls, narrow streets and alleys, noble palaces, shops, churches, and wonderful monuments. (B D)

#### **Day 5 Thursday March 23**

##### **Spoleto**

Full day knitting today. 6 hours session. (B L D)

#### **Day 6 Friday March 24**

##### **Cashmere Farm Chianti Cashmere/Siena**

Breakfast in hotel then departure to Siena. Stop in Chianti region to visit a Cashmere Farm, then proceed to Siena, tour the city famous for its splendid examples of Gothic architecture and its Palio horse race, an annual tradition. Visit the intriguing Piazza del Campo, where the magnificent Palazzo Pubblico and Torre del Mangia stand. Later head to Piazza del Duomo and admire the imposing Cathedral, one of the finest achievements of Italian Gothic architecture. Before leaving Siena, enjoy some free time to explore its historic center at your leisure. Return to Spoleto for overnight. (B L D)

#### **Day 7 Saturday March 25**

##### **Spello & Assisi**

After breakfast depart for a full day visit of Spello, Assisi and Perugia. Spello is also known as the city of flowers. The streets of the small medieval village are all decorated with beautiful flowers. Spello is a perfectly preserved small medieval town. Do not miss a visit to the Baglioni Chapel inside the church of Santa Maria Maggiore where there are frescoes by Pinturicchio. Then proceed to Assisi where you can admire the famous Basilica of Saint Francis. Inside the Basilica you can marvel at the beautiful frescoes by Giotto and other famous artists that tell the story of San Francesco. A walk through the alleys will take you to discover other beautiful places such as the main square with the temple of Minerva or the Saint Clare Basilica. From the square in front of the Basilica of Santa Chiara, you can admire a splendid landscape over the Umbrian valley. Return to Spoleto. Knitting session in the afternoon for 3 hours.

(B L D)

#### **Day 8 Sunday March 26**

##### **Spoleto**

After breakfast in the hotel, enjoy an Italian cooking lesson in Spoleto followed by lunch. Knitting session in the afternoon for 3 hours. This is optional, in case you'd prefer to wander on your own. Or, you can take a Traditional Cast-ons class to learn six methods, plus some interesting



**TOUR OPERATOR:** Ju Yang Tours LLC dba Opulent Quilt Journeys, hereafter referred to as Opulent Quilt Journeys.

This information is very important, please read it carefully. It is the responsibility of the traveler to read and agree to these Terms and Conditions before signing up or making payment for any tours.

#### DEPOSIT

A deposit is required to confirm your booking on a tour. Please refer to the specific tour for the deposit amount required. This deposit is non-refundable. Reservations must be made in your name as it appears on your passport.

#### TOUR PRICES

All prices are in US Dollars, on twin share basis. Prices quoted in our itineraries, brochures, advertising and/or on our website are based on exchange rates at the time of publication. Prices may be subject to change due to significant currency fluctuations in exchange rates, fuel cost and other operating costs on which prices are based. Opulent Quilt Journeys reserves the right to adjust prices whether or not you have already made full payment. We will advise you at the earliest opportunity in the event of a price variation. You will have the option of accepting the amended prices or withdrawing from the tour, receiving a full refund of all monies paid, less an administration fee.

#### FINAL PAYMENT

Final payment of the tour fee will be due to us 75 days before the tour start date. Failure to make your final payment by the due date may result in the cancellation of your booking and loss of any payments made to date.

#### CHANGES BY US

While we will use our best endeavours to operate all tours as advertised, by entering into this contract you acknowledge and accept that it may prove necessary or advisable to vary or modify a tour or its contents due to prevailing local conditions. We reserve the right at any time to cancel or change any of the facilities, services or prices described in the brochure (including flights, transport, accommodation or other arrangements) and to substitute alternative arrangements of comparable monetary value without compensation. If a service or facility becomes unavailable due to circumstances beyond our control ('force majeure') and no alternative arrangement of comparable monetary value is available, we will attempt to substitute the best alternative available and/or will refund you for any cost saving.

#### Force Majeure

'Force majeure' includes any event which Opulent Quilt Journeys or its suppliers could not, even with all due care, foresee or avoid (e.g. advice against travel from the Department of State, war, threat of war, riot, civil strife, industrial dispute, epidemics pandemic, health risks, terrorist activity, natural or nuclear disaster, fire or

## BOOKING FORM

### TERMS & CONDITIONS

adverse weather conditions, technical or maintenance problems with transport, changes imposed by cancellation or rescheduling of flights by an airline or main charterer, the alteration of airline or aircraft type).

#### CANCELLATION BY YOU

If you decide to cancel your booking the following charges apply:

Over 75 days	Forfeit of all deposits paid*
75-31 days	50% of the tour cost
30 days or less	100% of the tour cost

\* Your deposit may be credited to another Opulent Journey tour departing within 12 months of the original tour you booked.

Cancellation fees for air tickets issued by or on behalf of Opulent Quilt Journeys will apply as determined by Airline Tariff Regulations and may vary as to the type of ticket issued. Depending on the reason for your cancellation, these charges may be recoverable by the insurance policy you purchased.

#### CANCELLATION BY US

Opulent Quilt Journeys reserves the right to cancel a tour for any reason (including failure to reach minimum tour participant numbers). Except for force majeure (as outlined above) or your failure to pay the final balance, we will make a final decision to proceed or cancel a tour no less than 60 days before departure. If you have paid in full, we will credit or refund all monies paid, excluding an administration fee. No other compensation will be paid in the event of cancellation by Opulent Quilt Journeys. The refund of monies paid for tour costs will be the full extent of our liability. Airlines may impose up to 100% cancellation charges.

#### CREDITS AND REFUNDS

Opulent Quilt Journeys will always attempt to provide a cash refund of all amounts paid but, depending upon the specific circumstances, which are outside our control, you acknowledge that any credit or refund may take the form of a substitution of a similar tour at a later date, or a credit voucher for a tour with Opulent Quilt Journeys at a later date.

#### UNUSED PORTIONS OF THE TOUR

We regret that refunds will not be given for any unused portions of the tour, such as meals, entry fees, accommodation, flights or transfers.

#### PASSPORT AND VISA

It is the traveller's responsibility to ensure that they possess the necessary travel documentation for the tour, such as a valid passport and any required visas. In general a passport should be valid at least 6 months beyond the end of your journey and have two clear pages for each country to be visited to allow for entry and exit stamps en-route or for any visas applicable for countries in your journey.

**RESPONSIBILITY:** Ju Yang Tours LLC, hereafter indicated dba Opulent Quilt Journeys acts only as an agent for all suppliers of services, or in accepting reservations for services on its tours. The suppliers or independent contractors providing transportation, accommodations and all other services are not agents or employees of

Opulent Quilt Journeys. To the extent that Opulent Quilt Journeys or its supplier is involved in sale of air/or cruise transportation to you, Opulent Quilt Journeys, acts only as an agent of the air carrier and/or cruise line. By utilizing the services of all suppliers, the passenger agrees that neither Opulent Quilt Journeys, nor any representatives shall be liable for any accident, injury, including loss of life, damage, loss, delay, irregularity or expenses arising from acts of God, strikes, war, weather, quarantines, sickness, terrorist activity, government restrictions or regulations, from any act or omission of any individual, firm, or corporation furnishing transportation, sight-seeing, accommodations, or any services in connection with such travel plans or from any other occurrences what so ever. All such expenses or losses are the responsibility of the passenger. Ju Yang Tours LLC dba Opulent Quilt Journeys is not responsible for any costs of medical treatments or transportation a passenger may require on a tour.

**By commencing travel, the passenger willingly assumes all risks and responsibilities expected or unexpected involved with such travel. We urge purchase of travel insurance to protect against such risks.**

By signing and submitting this document, I state that I have read and understood this document, the on-line itinerary, the travel brochure/flyer, or other communications and acknowledge that it affects my legal rights and agree to be bound by its terms. By accepting this agreement, it further signifies my intentions to relieve and indemnify Ju Yang Tours LLC (dba Opulent Quilt Journeys), its owners, officers, directors, employees, agents, contractors, and subcontractors from any liability for personal injury, property damage, or wrongful death which I might suffer during my travels on the scheduled tour. In addition, I have noted the policy on cancellations, refunds, and limitations of responsibility.

I/we accept the conditions on this booking form and on Opulent Quilt Journeys website. I/we have read the information about the physical requirements of the tour and confirm that I /we are able to meet these requirements:

Signature 1:	Date:
<input type="text"/>	<input type="text"/>
Signature 2:	Date:
<input type="text"/>	<input type="text"/>

Please send your completed booking form and passport copy to **Opulent Quilt Journeys**  
Mail to: 20701 N. Scottsdale Rd., Ste. 107-426.  
Scottsdale, AZ 85255  
Or email to: [info@opulentquiltjourneys.com](mailto:info@opulentquiltjourneys.com)  
Call: 877-235-3767



TOUR NAME:

TOUR DATE:

TOUR LEADER:

## BOOKING FORM

TO SUBMIT YOUR BOOKING FORM:

Tour code

**OPTION 1:** Complete the form. Save, print and sign. Please scan the completed form and email it to us at [info@opulentquiltjourneys.com](mailto:info@opulentquiltjourneys.com)

**OPTION 2:** Print the form, complete it manually and post it back to our mailing address

**Opulent Quilt Journeys, 20701 N. Scottsdale Rd., Ste. 107-426. Scottsdale, AZ 85255**

(Please provide a copy of the photo page of your passport together with this booking form)

## YOUR DETAILS:

### PASSENGER 1

Your title (Ms, Mrs, Mr, Dr etc):

Your full name (as it appears on your passport):

Preferred first name:

Date of birth:

Postal Address:

City:  State:  Postcode:

Email:

Phone:

Cell:

Name of next of kin (in case of emergency):

Relationship to you:

Contact number:

Email:

### PASSENGER 2

Your title (Ms, Mrs, Mr, Dr etc):

Your full name (as it appears on your passport):

Preferred first name:

Date of birth:

Postal Address:

City:  State:  Postcode:

Email:

Phone:

Cell:

Name of next of kin (in case of emergency):

Relationship to you:

Contact number:

Email:

**Please make sure your passport is valid for six (6) months before you depart for international travel.**

## ROOMING PREFERENCES

I am traveling: ☐ on my own ☐ with a friend or family member

Name of friend or family member (if not passenger 2)

I/we would like: ☐ a single room ☐ a twin share room (2 beds in the room) ☐ a double room (1 bed in the room)

If a single would you like us to organize twin-share on your behalf? ☐ Yes ☐ No

Are you a smoker? ☐ Yes ☐ No

(Please note that Single Supplement will be payable if we are unable to arrange twin-share for you)



## YOUR SPECIAL REQUIREMENTS

### SPECIAL DIETARY REQUIREMENTS/ALLERGIES

Please indicate below if you have any special dietary requirements. Appropriate meals will be requested for you on group meals based on this information.

#### PASSENGER 1

☐ I do not have any specific dietary requirements or allergies

I have the following specific dietary requirements/allergies:

#### PASSENGER 2

☐ I do not have any specific dietary requirements or allergies

I have the following specific dietary requirements/allergies:

### MEDICAL CONDITIONS

Please indicate below if you have any serious health issue that may affect your travel insurance coverage, your physical capacity to undertake some activities on tour or may otherwise need to be considered by the tour leader/manager during the tour.

#### PASSENGER 1

☐ I do not have specific medical condition

I have the following medical condition(s):

#### PASSENGER 2

☐ I do not have specific medical condition

I have the following medical condition(s):

## YOUR TRAVEL PLANS

I/we plan to undertake additional travel before/after the tour and would like Opulent Quilt Journeys to organize this (please describe destinations and length of stay required below)

HOW DID YOU HEAR ABOUT THIS TOUR

## PAYMENT OPTIONS

☐ Pay directly by check made payable to **Ju Yang Tours LLC**

Mail to:

**Opulent Quilt Journeys**

20701 N. Scottsdale Rd., Ste. 107-426.

Scottsdale, AZ 85255

☐ Pay by credit card (Please complete details below, or call Opulent Quilt Journeys 877-235-3767 for account details)

☐ MasterCard ☐ Visa ☐ American Express

Card Number:

Name on card:

Expiry Date:

3 or 4 digit security code:

Card Holders Signature:

Date:

(Payments by credit card will be subject to a Merchant Administration Fee as follows: 3% for Visa / MasterCard / American Express)

**AUTHORIZATION:** By submitting this booking form you are authorizing us to charge the cost of deposits for booking on this tour. No further charges will be made without your prior authorization.

## YOUR ACCEPTANCE OF BOOKING CONDITIONS

☐ I/we have read the information about the physical requirements of the tour in the detailed itinerary and confirm that I/we am/are able to meet these requirements.

☐ I/we accept the conditions on page 1 of this booking form

Opulent Quilt Journeys reserves the right to decline the booking or terminate the holiday of any traveller.

### AUTHORISATION

By submitting this booking form, you are agreeing to the terms and conditions on page 1 of this booking form and on our website, and the inclusions and non-inclusions listed in the detailed itinerary for the tour.

Signature 1:

Signature 2:

Date:

## HOTELS

Rome, Hotel Quirinale  
[www.hotelquirinale.it](http://www.hotelquirinale.it)  
(2 nights)

Spolet, Hotel dei Duchi  
<https://www.hoteldeiduchi.com/>  
(6 nights)

Florence, Brunelleschi  
<http://www.hotelbrunelleschi.it/>  
(2 nights)

## WEATHER

Expect an average daytime high of 55F and a low of 37F at night. We recommend you bringing a rain jacket. It's not quite the end of sweater weather, so don't pack your knits away yet. But you could for example swap a turtleneck for a button-down shirt in this month.

## FITNESS REQUIREMENTS

This tour is physically demanding. To participate on this tour, you should be able to:

- keep up with the group at all times
- walk throughout the day at a moderate pace
- negotiate walking over uneven ground on dirt tracks
- walk up and down steps and slopes
- get on and off a coach with steps unassisted
- move your luggage unassisted

bind-offs. You can also get help with the two projects we have already worked on.  
(B L D)

### Day 9 Monday March 27 Spoleto – Florence

It's time to leave Spoleto! After breakfast transfer by coach to Florence, the Cradle of Renaissance. Check-in at the hotel, enjoy sights of Florence with local guide including Uffizi Gallery, Palazzo Pitti and Boboli Gardens, Santa Croce Church, Santa Maria Novella Pharmacy and at the end the church of San Miniato Al Monte for amazing views over the city. (B)

### Day 10 Tuesday March 28 Florence

This morning, we will enjoy a Walking Wool Tour with Kate, discovering hidden gems and legends of Medici town. Kate has chosen one of the oldest yarn shops in downtown for us to visit. Browse through the shelves and lose yourself in a wool paradise. This afternoon is free to explore this magnificent city. Farewell dinner in a local restaurant in Florence. (B D)

### Day 11 Wednesday March 29 Depart Florence

Our tour concludes after breakfast. (B)

#### 12 hours Knitting Class with Beth Brown-Reinsel

On our short class day, we will discover an unusual Swedish way to knit that is 400 years old: Tvåändsstickning or Twined Knitting! We'll learn to make a 2-color braid and then read charts, creating different motifs to make one of a pair of warm wristers.

#### Take my newest class, learning techniques used in Finland, while enjoying Italy! Finnish Mitts (6 hours)



In class, we will work these mitts worsted weight yarn, in the tradition of the beautiful Finnish Korsnäs Sweater. One of a pair of mitts will be made to learn the basics of tapestry crochet, work a two-color pattern in tapestry crochet, read from charts, work the Korsnäs motif while developing the thumb gusset, and end with more crochet at the top. The fringe is worked and then sewn to the mitt.

#### Introduction to Swedish Twined Knitting (3 hours)



On our short class day, we will discover an unusual Swedish way to knit that is 400 years old: Tvåändsstickning or Twined Knitting! We'll learn to make a 2-color braid and then read charts, creating different motifs to make one of a pair of warm wristers.

## ENQUIRIES & BOOKINGS

For further information or to secure a place, please contact  
**Opulent Quilt Journeys**

Phone: 877-235-3767 /480 626 1135

✉ [info@opulentquiltjourneys.com](mailto:info@opulentquiltjourneys.com)

🌐 [opulentquiltjourneys.com](http://opulentquiltjourneys.com)

